



Lancashire Health and Wellbeing Board  
Tuesday, 19 July 2022, 2.00pm,  
More Music, 13-17 Devonshire Road, West End, Morecambe, LA3 1QT  
Networking / Development Session (with lunch) from 12.30pm

## AGENDA

### Part I (Open to Press and Public)

Agenda Item	Item for	Intended Outcome	Lead	Papers	Time
<b>1. Appointment of Chair</b>	Action	The Board is asked to note that in accordance with the Terms of Reference, County Councillor Michael Green, Cabinet Member for Health and Wellbeing, is appointed as the Chair for the 2022/2023 municipal year.	Chair		
<b>2. Appointment of Deputy Chair</b>	Action	To note that the current arrangements for Deputy Chair was continuing with Denis Gizzi, whilst	Chair		

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		confirmation from the NHS was still awaited on membership for the municipal year 2022/2023.			
<b>3. Welcome, introductions and apologies</b>	Action	To welcome all to the meeting, introduction and receive apologies.	Chair		
<b>4. Disclosure of Pecuniary and Non-Pecuniary Interests</b>	Action	Members of the Board are asked to consider any Pecuniary and Non-Pecuniary Interests they may have to disclose to the meeting in relation to matters under consideration on the Agenda.	Chair		
<b>5. Minutes of the Last Meeting held on 10 May 2022</b>	Action	To agree the minutes of the previous meeting.	Chair	(Pages 1 - 10)	
<b>6. Constitution, Membership and Terms of Reference of the Committee</b>	Action		Chair	(Pages 11 - 16)	
<b>7. Happier Minds - Supporting Mental Health and Wellbeing</b>	Discussion / Action	<p>To discuss supporting mental health and wellbeing by working with partners across the whole system to address:</p> <ul style="list-style-type: none"> <li>• Emotional health self-care (5 ways to wellbeing)</li> <li>• Loneliness and social isolation</li> <li>• Dementia</li> <li>• Alcohol and drug use</li> <li>• Self-harm and suicide</li> </ul>	Ruksana Sardar-Akram / Chris Lee	(Pages 17 - 28)	

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8. <b>Urgent Business</b>	Action	An item of Urgent Business may only be considered under this heading, where, by reason of special circumstances to be recorded in the minutes, the Chair of the meeting is of the opinion that the item should be considered at the meeting as a matter of urgency. Wherever possible, the Chief Executive should be given advance warning of any Members' intention to raise a matter under this heading.	Chair		
9. <b>Date of Next Meeting</b>	Information	The next scheduled meeting of the Board will be held at 2pm on Tuesday, 6 September 2022. Venue to be confirmed.	Chair		

L Sales  
Director for Corporate Services

County Hall  
Preston